

# Tips for Healthy Surfing Online



What questions can you ask to make sure you are getting reliable and accurate health information on the Internet?

## Who sponsored the website?

Are they an objective, reliable source of medication information? Are they trying to sell me something? Can I tell the difference between ads and drug information?

## Does the website give me all the information I need?

Can I find the brand name, generic name, a photo of the medicine, how it should be taken, why it is prescribed, ingredients, problems when it is combined with certain other drugs, and possible undesirable effects?

## When was the website last updated?

Has it been reviewed in the last year?

## Can I contact someone to ask a question?

Is there a phone number, e-mail address, or other contact information?

## Does my doctor agree with this information?

Check this information with your health care provider to make sure it applies to you.

*For more information  
please contact:*

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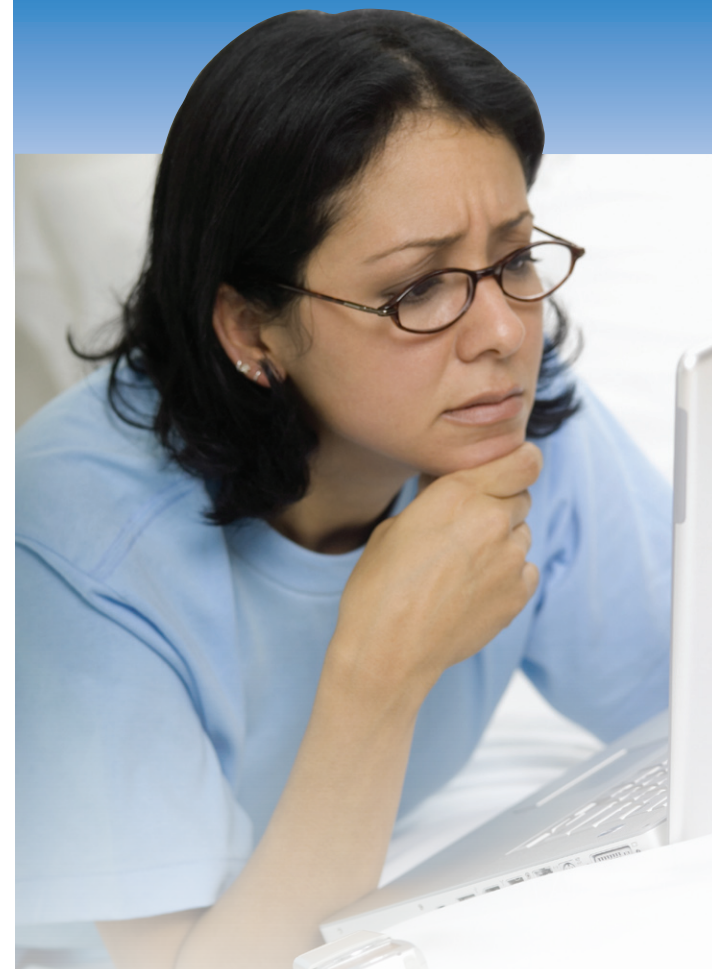
[www.azcert.org](http://www.azcert.org)



### **Disclaimer and Waiver**

ArizonaCERT does not control, make no guarantees about the accuracy, timeliness, completeness, or appropriateness for the information or the resources contained on these Internet sites. The list is intended solely for the purpose of providing resources of general information about medication. It is not intended for any other purpose, including, but not limited to, medical or pharmaceutical advice and/or treatment, nor is it intended to substitute for the users' relationships with their own health care providers.

# Looking for drug information on the Internet?



**Arizona Center for  
Education & Research  
on Therapeutics**



# Drug Information on the Internet

To take medication safely you need the right information. How can you know which of the many online sources to trust? Based on a recent evaluation, the ArizonaCERT developed this list of recommended websites to help consumers find useful and accurate drug information online.\*

## How did we select these websites?

The websites on this list cover prescribed medicines for all conditions, are maintained by organizations that are recognized authorities in pharmacy,



and provide contact information for viewers. In addition, these

websites scored high on features such as readability, availability in Spanish, ease of navigation and completeness of information.

To find more websites or more detailed information about website evaluation, please visit — [www.azcert.org](http://www.azcert.org)

## Medication Information Websites for Consumers\*

(in alphabetical order)

### Anthem Blue Cross and Blue Shield: Drug Information

[home.anthemhealth.com/topic/drugcenter](http://home.anthemhealth.com/topic/drugcenter)

Provides a drug interaction checker. Webpage and drug information are available in Spanish. Includes information on over-the-counter medications and herbs.

### Cheshire Medical Center: Healthwise Knowledge Base

[www.cheshire-med.com/index.php?option=com\\_wrapper&Itemid=286](http://www.cheshire-med.com/index.php?option=com_wrapper&Itemid=286)

Drug information is easy to read. Includes information on over-the-counter medications and herbs.

### DrugDigest: Drug Library

[www.drugdigest.org/DD/Home](http://www.drugdigest.org/DD/Home)

Provides a drug interaction checker and drug photos. Includes information on over-the-counter medications and herbs.

### Drugs.com

[www.drugs.com/](http://www.drugs.com/)

Provides a drug interaction checker, drug photos and drug identifier. Drug information is available in Spanish. (*Type the drug name in the Search box and then look for "Spanish information" under "Consumer Information."*) Includes information on over-the-counter medications and herbs.

### Healthvision: Drug Guide

[www.yourhealthinformation.com/library/healthguide/en-us/drugguide/default.htm](http://www.yourhealthinformation.com/library/healthguide/en-us/drugguide/default.htm)

Includes information on over-the-counter medications and herbs.

### Kaiser Permanente: Drug Encyclopedia members.kaiserpermanente.org/kpweb/drugency/entrypage.do

Provides drug photos. Webpage and drug information are available in Spanish. Includes information on over-the-counter medications and herbs.

### MedLibrary.org: Medication Information Library [medlibrary.org/](http://medlibrary.org/)

Comprehensive library includes links to other useful consumer resources.

### PersonalMD: Drug Database

[www.personalmd.com/drugdatabase.shtml](http://www.personalmd.com/drugdatabase.shtml)

Provides a drug interaction checker. Includes information on over-the-counter medications and herbs.

### U.S. National Library of Medicine: Drug Information

[www.nlm.nih.gov/medlineplus/druginformation.html](http://www.nlm.nih.gov/medlineplus/druginformation.html)

U.S. government site. Webpage and drug information are available in Spanish. Includes information on over-the-counter medications and herbs.

### WebMDHealth: Drugs A-Z

[www.webmd.com/medical\\_information/drug\\_and\\_herb/](http://www.webmd.com/medical_information/drug_and_herb/)

Provides drug photos. Includes information on over-the-counter medications and herbs.

\* **Note:** This list was compiled in 2006. It may not reflect current information available online.